**Phase 4 -** **Knowledge, Skills and Qualities learned and developed – Individual Reflection**

*Add as many extra tables as you need. There isn’t a maximum number.*

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| Skill, quality, knowledge learned or developed. |
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| What can you do now do (better) now that you couldn’t do before the project? |
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| How did the Project help you develop this skill, quality or knowledge? |
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| How can you use this in the future as a student and in your Professional career? |
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| Skill, quality, knowledge learned or developed. |
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| What can you do now do (better) now that you couldn’t do before the project? |
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| Skill, quality, knowledge learned or developed. |
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